



Good practice no 13	
Title	Parafotboll for girls IFK Stocksund
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Type of the good practice	Training
Place	Stockhagens IP, Stockholm, Sweden
Start date / End date	12th September 2021
Target group of learners	Girls form 7-19 years old with neuropsychiatric and intellectual disabilities.
Institutions involved	Sponsors: Academic Work, jpc, Stadium, Adidas, Snabbgross club, Hotel Kungsträdgården
Goals	 Offer a safe environment for girls with neuropsychiatric and intellectual disabilities to play football. Create a community of girls with disabilities from Stockholm. Focus on inclusion and enjoyment of the game. Potentially travel to tournaments and enjoy bigger events like trips.
Description	Parafotboll for girls IFK Stocksund is a project that aims to include girls from 7-19 years old who want to play football and

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Project no.: 2021-1-ES01-KA220-ADU-000030420





have a disability. It is the only project of this characteristics in Dandery's area in the north of Stockholm.

After seeing the importance and the need for such an initiative the club, which his motive is "Serios och generos" which means "Serious and generous" decided to take part and start the project leading this community.

The goal is for all players to have the chance to have fun and play football together based on their conditions.

At the same time, involve coaches and leaders to create the perfect environment for the girls to enjoy physical activity and connect with each other.

IFK Stocksund's coaches will be in charge of the training sessions and planning them, which will be designed based on their particular needs and conditions. The focus is on the inclusion and enjoyment of the game. At the same time offer the girls the same opportunities as the rest of the players on the team have the same coaches, the same facilities and the same material.

The trains one time per week during the weekend.

Another of the goals of the project it is to create a team to participate in some of the special tournaments around Sweden and Europe for girls with special needs.

That will be a broader inclusion aspect as, in addition to the training, it will add the value of camaraderie, coexistence, and new experiences in new places. Players will experience new adventures and opportunities to discover new places and feel valued and important.

Link to the source (if available)

https://www.ifkstocksund.se/?firstRef

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