

PRACTICAL CLASS DAY 1

We will divide the students into two groups.

Group 1

Will plan in class 3 open tasks where the focus will be on training the pass.

Group 2

Will plan in class 3 closed tasks where the focus will be on training the pass.

Teacher's note: If the group is very large, we can divide the students into 4 subgroups. It is ideal if there are over 5 students in each group so that everyone can contribute with ideas.

It is important that for the exercise they write: what space is needed, how many cones they need, how many bibs, how many balls, and how many players.

Once the exercises are planned, we will go down to the field and following the model of slide 2, which we remember is: planning (done in class), preparation of the playing field, explanation, execution, and feedback.

We alternate an open exercise and a closed one. In this way, if we run out of time, we have involved both groups.

Final talk:

Gather all the students after the practical demonstration and summarize the class. Ideally, the students should recall what we have discussed.

The most important points or aspects are:

- How do we learn? Lasting learning is the one that is not spoon-fed to us. Production and reproduction (guided learning and classical learning)
- Difference between open and closed tasks and how to recognize them and when to use them
- The 4 moments of football